

Welcome to the 2026 Golden Kettle Trail Series!

It's a pleasure to have you racing with us at the SECOND race of the 2025 Series. We're fired up to kick off our seventh year on the stunning trails of the Northern and Southern Kettles. This series is built to be relaxed and fun - open starts, self-timing, zero pressure - just pure trail-running joy.

My team and I couldn't be more excited to have you with us. We believe in creating an atmosphere where every runner feels supported and inspired, whether you're chasing a PR, tackling your first trail race, or simply soaking up the adventure. Fast, slow, new, veteran - everyone belongs here. Your job is to push yourself and have fun. We'll handle the rest.

Take a moment to review the details below, and don't hesitate to reach out with questions. I can't wait to see you out there. And if you've got feedback on how we can make the experience even better, send it my way.

Carri Marlow

Chase the Sun Running Co. | Golden Kettle Trail Series | Owner | Race Director

Follow us on [Facebook](#) & [Instagram](#)!

RACE ESSENTIALS

START TIME: OPEN START

Start anytime* Saturday 7:00am – 11:00am

*Gauntlet participants must start at 7am.

Please note – this event is self-timed.

****You should plan to be off the course by noon as we begin to pick up the course. This course is one of our more technical courses.***

RACE LOCATION:

****PLEASE NOTE:** There is no parking at the trailhead. You may either get dropped off at the PELC or use the free shuttle service from St. Mary's Church. Spectators may also use the shuttle.

[Palmyra Educational Learning Center \(PELC\)](#)

W687 Carlin Trail, Palmyra, WI 53156



PARKING/SHUTTLE:

Due to lack of available parking at Palmyra Educational Learning Center, we are offering a free shuttle service from St. Mary's Catholic Church about 1.4 miles away. We encourage you to carpool if possible and factor shuttle time in your race day plans. You should plan for the shuttle to take about 10-20 minutes with peak time likely being between 6:50am and 8am.

SHUTTLE INFO:

PICK UP: [St. Mary's Church](#)

TIME: 6:50am until noon (last shuttle departs Palmyra Educational Learning Center at approximately 12:00pm.)

ADDRESS: 919 W Main St Palmyra, WI 53156

RACE Check-In & RACE DAY REGISTRATION:

Race day check in only, starting at 7am on Saturday.

Race day registration is available. Cash, Credit Card, Apple Pay & Venmo accepted.

RACE TRANSFERS:

Please [email](#) us BEFORE the race to make any changes to your registration if possible. Race day changes can be made, please let us know when you pick up your packet if you plan to run a different distance.

GOLDEN KETTLE VILLAGE:

- True Stride Recovery Zone! Carrie from True Stride will be onsite for this event. Stop by The Recovery Zone for:
 - Normatec Compression
 - Muscle TLC from Theragun
 - A post-run mobility session
 - Plenty of high fives + chats about shoes, training & maybe some treats!
- Live music by [Kevin Wypiszinski Music](#) from 8:30am to 10am.
- Merchandise will be available for purchase – t-shirts, long sleeve t's, BOCO hats and more



COURSE DETAILS:

This course is along the Blue Springs Segment of the Ice Age Trail. Rolling glacial hills, big views from Bald Bluff, and the iconic Stone Elephant make this stretch of the Ice Age Trail a standout. All routes are moderate in difficulty, with rolling hills and occasional steep climbs typical of glacial topography.

Choose from any of our three courses - Short, Middle or Long, or challenge yourself and run them all! The courses will be well marked with our flags.

The Golden Gauntlet option is all three courses - long, mid, then short. You must arrive at 7am if you choose this option and you will be required to check in after each loop/course. You must be off course by noon.

- [Short Course](#) - 4ish miles

The short course follows our red course flags.

- [Mid Course](#) – 6.3ish miles

The middle course follows our green course flags.

- [Long Course](#) – 13.5ish miles

The long course follows our blue course flags.

RESTROOMS:

There will be portable toilets at the trailhead. There are restrooms on the mid/long course @ Horseriders, at approximately mile 1.

AID STATIONS:

There is an unmanned aid station at Young Rd, at approx. mile 5 & on the way back at approx. mile 9, on the long course. Water, Hammer Endurance and sweet/salty snacks will be available. Post-race snacks will be available at the trailhead as well.



EVENT PARTNERS

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